<Insert Company Name>

Recovery Residence Exposure to Bodily Fluids and Contagious Disease Policy

<Insert Company Name> will use “universal precautions” to prevent the spread of disease within the home, as follows:

"Universal Precautions" means an approach to infection control that treats all human blood and body fluids as if they are infectious. Generally, Universal Precautions consist of regular hand-washing after coming into contact with another person's body fluids (mucous, saliva, urine, etc.) and includes the use of gloves when handling blood or body fluids that contain blood.

Specifically, Universal Precautions consist of the following four basic infection guidelines:

(A) Hand-washing -

Staff and residents should wash their hands:

1. After assisting wiping one’s nose.

2. Before preparing or eating foods.

3. After using the toilet.

4. Before and after treating or bandaging a cut.

5. After handling urine test kits or collection of urine.

5. After wiping down surfaces, cleaning spills, or any other housekeeping.

6. After being in contact with any body fluids from another person.

7. Even if they wore gloves during contact with body fluids.

(B) Gloves - Staff and residents should always wear gloves:

1. When they come into contact with blood or body fluids that contain blood.

2. When they have open cuts or scratches on their hands.

3. When cleaning up urine, stool, or vomit.

4. When administering first aid for a cut, a bleeding wound, or a bloody nose.

5. And use gloves only one time, for one incident or client.

a. Staff must air dry their hands prior to putting on a new pair of gloves.

6. And dispose of used gloves immediately after use.

(C) Cleaning with a disinfectant – Staff and residents should clean with a disinfectant:

1. On all surfaces and in the resident's room and on an "as needed" basis on any surface that has come into contact with blood.

2. Such as a basic bleach solution, made fresh daily by mixing:

a. 1/4 cup household liquid chlorine bleach in one gallon of tap water, or one tablespoon bleach in one quart of water.

(D) Proper disposal of infectious materials – Staff and residents should dispose of infectious materials by:

1. Placing it in a plastic trash bag, tying it with a secure tie, and disposing of it out of reach of residents and any children who may be present.